## 

Need Help?

24/7

FAMILY HEALTH FINANCIAL CAREER

Chat & Video

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Connect with a qualified counselor today

# Introducing Your Member Portal and App

Browse benefits. Request services. Enjoy 24/7/365 access.

Your Assistance Program offers a wide range of benefits to help improve mental health, reduce stress, and make life easier—all easily accessible through your member portal and app.

#### Video, Chat, and Telephonic Access

24/7/365 access to request mental health sessions and life management referrals

#### Thousands of Self-Care Articles and Resources

Explore videos, provider resource locators, personal assessments, calculators, and tools

#### **Events Calendar and Free Webinars**

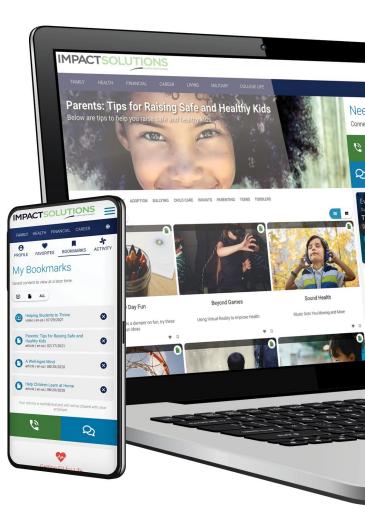
Sign up for the latest webinars and online training sessions

#### **Exclusive Discounts**

Save money on entertainment, gifts, travel, and consumer goods

### Getting Started Is Easy

- 1. Visit your landing page, **MyImpactSolution.com**, and click on "Member Portal & App" in the top menu
- 2. Register to create a new account using your company code: **meorc**
- A confirmation email will be sent to complete the process



Contact IMPACT Solutions Call: 800-227-6007 Visit: MyImpactSolution.com Code: **meorc**