

# My One Page profile

Maggie O'Brien

Registered Nurse



## What people appreciate about me

- Reliable
- Willing to help
- Hard-working
- Empathetic
- Funny
- Independent

## What is important to me

I want to keep a work-life balance as best as I can. Having a personal identity that includes myself, family, friends, volunteer opportunities and career are a priority.

- Laughter!
- Spouse (Nick) and 4 children (Cooper, Dexter, Logan and Rooney).
- The cat-love of my life: George Catstanza.
- Making time to maintain friendships.
- Learning new recipes and sharing with others.
- Taking care of my houseplants, which is therapeutic for me.
- Honesty
- Transparency
- Independence
- Diversity, equity and inclusion.

## How to support me

Remain transparent and frequently communicate with me.

Flexibility and support.

Provide opportunities to encourage growth (trainings, new roles).