

GET TO KNOW ANGELA

WHETHER YOU CALL ME ANGELA OR ANG, HOW WELL DO YOU KNOW ME?

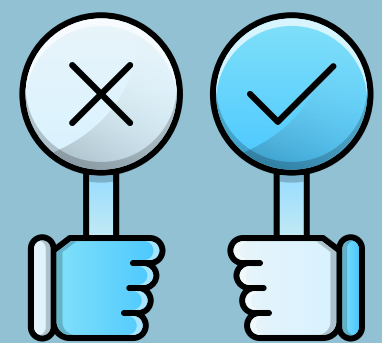
LEARNING

I AM AN AUDITORY LEARNER, BUT
LIKE THINGS ON PAPER TO REFER
BACK TO THEM
AND
I AM A LIFE LONG LEARNER! I
WANT TO KNOW WHY!?



CHOICES

GIVE ME ALL THE OPTIONS
POSSIBLE! LET'S BRAINSTORM!
THEM GIVE ME TIME TO PROCESS
AND NARROW IT DOWN TO MY
TOP THREE CHOICES AND WE CAN
TALK AGAIN



THINGS THAT ARE IMPORTANT TO ME

fAmILy



BEST DECISION MAKING TIME

- WHEN I AM WELL RESTED
- AFTER 11AM BUT BEFORE 9PM
- WHEN I AM IN A GOOD MOOD OR FEEL ACCOMPLISHED



WORST DECISION TIME

- WHEN I AM TIRED
- 9PM-6AM
- WHEN I AM HUNGRY
- WHEN I AM UNCOMFORTABLE OR IN PAIN



SUPPORT ME BEST BY:

- GIVING ME TIME TO RECHARGE BETWEEN BIG TASKS
- TIME TO WORK ON CREATIVE THINGS AND TRAININGS
- GIVING ME ALONE TIME TO WORK BUT ALSO BALANCE IT WITH SOME CONTACT FROM COWORKERS

Dream Big

