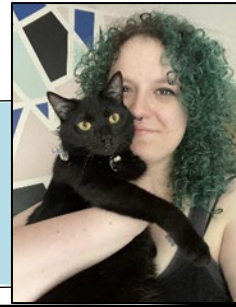


My One Page profile

Clare Schloemer



What people appreciate about me

- I am creative and artistic -- I love the opportunity to try a new artistic skill or to think creatively about how to tackle a home project (even if it's something I've never done).

- I am compassionate and empathetic -- I always want to put my whole self into caring for/about others. This especially holds true when it comes to caring for people and animals that can't speak for themselves.

- I have an excellent sense of humour and I'm always willing to bring a laugh to any situation

What is important to me

- My cat Freya is my four-legged best friend. Making sure that I have the means to keep her safe and happy and healthy.
- Work/Life balance -- making sure I maintain time for creative projects and "me time" outside of work
- A (work) environment where I feel safe to express my needs and share when I am struggling, knowing I'll be supported

How to support me

- Be open to understanding that I am autistic and that effects every aspect of how I work and interact with people.
- Part of how I process information involves asking clarifying follow up questions. Similarly, please make sure to inform me when it's clear I've misunderstood something when asking a clarifying question.
- I don't do well in spaces where I don't have context or a role/reason for being there. I want the opportunity to participate, but please give me the context to make an informed decision to do so.
- I can over think things/get lost in things that don't need as much focus as I'm giving them and can use reminders to "re-center".